

## Aging

### AARP Friendly Voices

1-888-281-0145 - [connect2affect.org](https://connect2affect.org) or [aarp.org/home-family/friends-family/friendly-voice/](https://aarp.org/home-family/friends-family/friendly-voice/)  
Combat isolation and anxiety by providing calls and resources for those (45+) who are alone or isolated.

### Always Best Care

1079 E Riverside Dr, Ste 202  
St. George, UT 84770  
1-435-216-7080 - [alwaysbestcarestgeorge.com](https://alwaysbestcarestgeorge.com)  
Local experts in senior care, providing a resource for aging and senior living for nonmedical care. Services include: Assisted & Independent Living Services (groceries), In-Home Care Services (house-keeping), Alzheimer's Care, Veterans Assistance.

### Area Agency on Aging - Five County Association of Governments

1070 W 1600 S, Bldg B, St. George, UT 84770  
1-435-673-3548 - [areaagencyonagingfivecounty.org](https://areaagencyonagingfivecounty.org)  
Provides support, education, care, and safety for seniors.

### Easterseals-Goodwill Senior Community Service Employment Program

162 N 400 E, Bldg B, St. George, UT 84770  
1-435-986-3576 - [esgw.org/scsep](https://esgw.org/scsep)  
Helping adults over the age of 55 with disabilities, and veterans find and hold meaningful employment. Provides job preparation training, work experience, and paid on-the-job training.

### Five County Association of Governments

1070 W 1600 S, Bldg B, St. George, UT 84770  
1-435-673-3548 - [fivecounty.utah.gov](https://fivecounty.utah.gov)  
Offer various services throughout the five counties of southwestern Utah providing support, education, care and safety for children, families, and seniors.

### Memory Matters Utah

168 N 100 E, Ste 104, St. George, UT 84770  
1-435-319-0407 - [memorymattersutah.org](https://memorymattersutah.org)  
Provides education and support to those with Alzheimer's disease and their caregivers. Provides adult day care Monday - Thursday. Support groups, telephone reassurance, memory activity classes, cognitive testing, and care consultations.

### Southern Utah Veterans Home

160 N 200 E, Ivins, UT 84738  
1-435-634-5220 - [avalonhealthcare.com/ivins](https://avalonhealthcare.com/ivins)  
Medical/Nursing Services 24/7, Pharmacist,, Short-Term Rehabilitation, Wound Care, Orthopedic Care, Post-Stroke Rehabilitation, Medication Management, Diabetes Management, Complex Medical Care, IV Services, Respiratory Care, COPD Care, Pain Management Care, Physical/Occupational/Speech Therapy, Trach Care, Luxury Spa Services (barber & beauty shop), Transportation Services

### St. George Active Life Center (Senior Center)

245 N 200 W, St. George, UT 84770  
1-435-634-5743 - [washco.utah.gov](https://washco.utah.gov)  
A place where older adults (60+) can get together for a variety of individual and group services and activities; provide them nutritious meals; respond to their diverse needs and interests; encourage their involvement within the center and the community; enhance their dignity and quality of life; provide various forms of assistance to enable them to live healthy and independent as long as possible.  
Tuesday - Friday: 9:00 a.m. - 4:00 p.m.  
Lunch served: 11:30 a.m. - 12:30 p.m.

### Children/Youth

#### Beehive Learning Academy

446 S Mall Dr, Ste B-10, St. George, UT 84790  
1-435-986-0505 - [beehivelearningacademy.com](http://beehivelearningacademy.com)  
Offer care for children ages 3 months to 9 years of age. Programs include Preschool, Kindergarten, Before & After School, Infant Care, and Summer Camp.

#### Children's Justice Center

463 E 500 S, St. George, UT 84770  
1-435-634-1134 - [cjcwc.com](http://cjcwc.com)  
After hours Medical 435-251-2757  
Visit their Facebook

Provides interviews, victim advocacy, medical services, mental health services, and community outreach. Support children and family experiencing crisis that comes with the disclosure of significant physical or sexual abuse of a child.

#### Children's Service Society of Utah

249 E. Tabernacle St. Ste 301  
Saint George, UT 84770  
385-499-3734  
Provides: Case management, resources referral, assistance with guardianship, drug and alcohol prevention services.

#### Department of Child and Family Services

178 N 200 E, St. George, UT 84770  
1-435-652-2960 - [dcfs.utah.gov](http://dcfs.utah.gov)  
Offers a variety of services intended to help keep children safe from domestic violence, provide domestic violence services, and clothing vouchers to D.I. along with many other services.

#### Family Support Center

310 W 200 N, St. George, UT 84770  
1-435-674-5133 - [fsc4kids.org](http://fsc4kids.org)  
Offer multiple family services including crisis and respite nursery, information and resource referral services, and parenting and youth education.

#### Help Me Grow Utah

<https://helpmegrowutah.org/>  
Help Me Grow Utah is a free information and referral helpline that provides parents, physicians, and community partners all across Utah with resources to make a difference in the lives of pregnant parents and families with children 8 and under.

#### 24-hour Crisis Line

435-773-0585

#### Utah 24-hour Child Abuse Reporting Hotline

1-855-353-3237

#### The Well Pregnancy Resource Center

45 S 800 E, St. George, UT 84770  
1-435-652-8343 - [thewellprc.org](http://thewellprc.org)  
Provides education and maternity and infant supplies to help support disadvantaged families and unplanned pregnancies. Help future parents be prepared for their child to be born.

#### Kids On The Move

389 E Tabernacle St, St. George, UT 84770  
1-801-221-9930 - [kotm.org](http://kotm.org)  
Autism center, early head start, early intervention, classes for families, in-home services, telehealth, and PEERS social skills course for teens with autism.

#### Root for Kids

2044 S Mesa Palms Dr, St. George, UT 84770  
1-435-673-5353 - [rootforkids.org](http://rootforkids.org)  
Provides health services, daycare, early intervention, and family support. Weekly or bi-weekly home visits, health and developmental assessments and screenings, therapy and learning programs for infants and toddlers with special needs, infant and toddler mental health services, and physical and mental health screenings for pregnant women.

### Utah Behavior Services

1067 E Tabernacle St #7, St. George UT, 84770  
1-801-255-5131 ext 4 - [utahbehaviorservices.com](http://utahbehaviorservices.com)  
Autism and Mental Health services, ABA, medication management, day treatment, parent workshops, and therapy.

### Utah Foster Care - St George

[utahfostercare.org](http://utahfostercare.org)  
A non-profit organization that finds, trains, and supports Utah families who are willing and able to provide a nurturing home for children who have been neglected or abused.  
230 North 1680 East Ste W 113, St George, UT 84790

## Clothing

### Deseret Industries

2480 E Red Cliffs Dr, St. George, UT 84790  
1-435-652-8232 - [deseretindustries.org](http://deseretindustries.org)  
Sells used clothing and household items at a discounted cost.

### Saint George Catholic Thrift Store

157 N 200 W, St. George, UT 84770  
1-435-673-1029 - [saintgeorgecatholics.com](http://saintgeorgecatholics.com)  
Sells used clothing, furniture, and household items at a discounted cost.

### Switchpoint Boutique

214 N 1000 E, St. George, UT 84770  
1-435-628-9310 - [switchpointcrc.org/boutique](http://switchpointcrc.org/boutique)  
Monday - Friday: 9:00 a.m. - 6:00 p.m.  
Saturday: 10:00 a.m. - 5:00 p.m.  
Re-purposes usable household and clothing items.

### Switchpoint Thrift Store

935 N 1300 W, #7, St. George, UT 84770  
1-435-900-1020 - [switchpointthriftstore.org](http://switchpointthriftstore.org)  
Monday - Friday: 9:00 a.m. - 6:00 p.m.  
Saturday: 10:00 a.m. - 5:00 p.m.  
Re-purposes usable household and clothing items.

## Disability

### Adult Protective Services

1-800-371-7897 - [daas.utah.gov](http://daas.utah.gov)  
Abuse and neglect of seniors and adults with disabilities. Can call or report online.

### Division of Services for People with Disabilities

Toll Free: 1-877-568-0084 - [dspd.utah.gov](http://dspd.utah.gov)  
Supported living, respite care, and residential rehab for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

### Red Rock Center for Independence (RRCI)

168 N 100 E, Ste 101, St. George, UT 84770  
1-435-673-7501 - [rrci.org](http://rrci.org)  
Non-profit empowering people with disabilities to live independently through education, personalized services, and technology.

### Southern Utah Vocational Rehabilitation

965 E 700 S, Ste 202, St. George, UT 84790  
1-435-673-5091 - [usor.utah.gov](http://usor.utah.gov)  
Provides employment, training, and adjustment programs for those with disabilities. Ages 14 and up. Serves the 5-county area.

### TURN Community Services

523 E Sunland Dr, Ste #5A, St. George, UT 84790  
1-435-673-5251 - [turncommunityservices.org](http://turncommunityservices.org)  
Serves people with intellectual and developmental disabilities in community-based programs.

## Domestic Violence

### Dove Center

1240 E 100 S, Ste 221, St. George, UT 84790  
Help Line: 1-435-628-0458  
Office: 1-435-628-1204 - [dovecenter.org](http://dovecenter.org)  
Work to empower those impacted by domestic abuse and sexual violence. Provides shelter, advocacy and counseling for survivors of domestic abuse, dating violence, sexual assault, rape, sex trafficking, and stalking.

### Utah Domestic Violence Coalition

24-Hour Linkline: 1-800-897-5465 - [udvc.org](http://udvc.org)

Creating a state where domestic and sexual violence are intolerable. Four focuses: advocate for victim safety and empowerment, collaborate with community partners and services, educate the community, and connect victims to resources.

## Education

### Dixie Technical College

610 S Tech Ridge Dr, St. George, UT 84770

1-435-674-8400 - [dixietech.edu](http://dixietech.edu)

Provides technical and career-driven education to both adult and secondary students.

### Southwest Adult High School

75 Tabernacle, St. George, UT 84770

1-435-652-4709 - [swah.washk12.org](http://swah.washk12.org)

Provides education services for students who have not graduated to prepare to take the GED test in English and Spanish. Also offers corrections education and assists adults to become literate and obtain knowledge and skills for employment.

### SUU Head Start

494 E 900 S, St. George, UT 84790

1-435-628-5641 - [suu.edu](http://suu.edu)

Increase the social competence of young children from low-income families; takes into account the social, emotional, cognitive, and physical development of children and leads to effectiveness in dealing with the present environment and future responsibilities in school and life.

### Washington County School District

121 W Tabernacle, St. George, UT 84770

1-435-673-3553 - [washk12.org](http://washk12.org)

Programs include: Special Preschools, GED/High School Equivalency Test Instruction, Adult Basic Education.

### Waterford Upstart

1-877-299-7997 - [waterford.org](http://waterford.org)

Provides four-year-old children access to the highest form of academic support in their early education at no cost to participants: personalized family education and coaching, a new computer and Internet if needed, and adaptive educational software.

## Emergency Housing

### Switchpoint Emergency Shelter

948 N 1300 W, St. George, UT 84770

1-435-628-9310, ext. 0 - [switchpointcrc.org](http://switchpointcrc.org)

Provides 24/7 homeless shelter, classes, case management, showers, community garden, doggy day care, and food pantry.

### Youth Futures

340 E Tabernacle St, St. George, UT 84770

1-435-339-0787 - [youthfuturesutah.org](http://youthfuturesutah.org)

Provides safe shelter, collaborative resources, respectful guidance and diverse support to homeless, unaccompanied, runaway, and at-risk youth.

## Employment

### Department of Workforce Services

162 N 400 E, Ste B100, St. George, UT 84770

1-435-986-3500 - [jobs.utah.gov](http://jobs.utah.gov)

Job assistance, veteran employment programs, work clothing, work-related fee payment assistance, and work tools/equipment.

### Southern Utah Vocational Rehabilitation

965 E 700 S, Ste 202, St. George, UT 84790

1-435-673-5091 - [usor.utah.gov](http://usor.utah.gov)

Provides employment, training, and adjustment programs for those with disabilities. Ages 14 and up. Serves the 5-county area.

## Food

### Full Cart

[fullcart.org](http://fullcart.org)

Currently offers one-time emergency food assistance sent directly to you.

Visit the website (It is a waiting list at this moment)

### Hurricane Valley Food Pantry

489 West 600 North, Hurricane, UT 84737

1-435-635-0995 - [fivecountycap.org](http://fivecountycap.org)

Provides emergency food boxes to families in low-income situations with food insecurity.

Monday & Friday: 10-2 pm

Tuesday & Thursday: 10-12 pm, 2-4 pm

Wednesday: 11-1 pm, 3-6 pm

2nd Saturday of the month 9-12 pm

### Meals on Wheels - Enterprise Utah Senior Citizen Center

165 S 100 E, Enterprise, UT 84725

Please call the Senior Center at 1-435-878-2557 to verify eligibility and sign up for the Meals on Wheels program.

### Meals on Wheels - Hurricane Utah Senior Citizen Center

95 N 300 W, Hurricane, UT 84737

Please call the Senior Center at 1-435-435-301-7280 to verify eligibility and sign up for the Meals on Wheels program.

### Meals on Wheels - St. George Utah Senior Citizen Center

245 N 200 W, St. George, UT 84770

[coa.washco.utah.gov](http://coa.washco.utah.gov)

Please call the St. George Active Life Center at 1-435-301-7290, option #0 (or ask for Linda) to verify eligibility and sign up for the Meals on Wheels program.

### Salvation Army

568 West Telegraph St. #4, Washington, UT 84780

1-435-275-4975 - [stgeorge.salvationarmy.org](http://stgeorge.salvationarmy.org)

Weekly Food assistance

Call for hours

### Solomon's Porch

1495 S Black Ridge Dr, A240

St. George, UT 84770

1-435-669-8153 - [porchstg.org](http://porchstg.org)

Sunday Feast and Friday food boxes at 2:45 pm.

### St. George Catholic Church Food Bank

157 North 200 West, St. George, Ut 84770

### Salvation Army

568 West Telegraph St. #4

Washington, UT 84780

1-435-275-4975 - [stgeorge.salvationarmy.org](http://stgeorge.salvationarmy.org)

Weekly Food assistance:

Call for hours of operation

### Solomon's Porch

1495 S Black Ridge Dr, A240

St. George, UT 84770

1-435-669-8153 - [porchstg.org](http://porchstg.org)

Sunday Feast and Friday food boxes at 2:45 pm.

### St. George Catholic Church Food Bank

157 North 200 West, St. George, Ut 84770

### Utah Food Bank

1-801-978-2452 - [utahfoodbank.org](http://utahfoodbank.org)

Helps provide food for those in need.

Mobile Pantry in Hildale, and Washington.

## Holiday Needs

### Coins For Kids

3143 S 840 E, St. George, UT 84790

Contact: 1-435-634-6210 or [info@coinsforkids.net](mailto:info@coinsforkids.net)

[coinsforkids.net](http://coinsforkids.net)

Helps provide Christmas presents for kids from low-income families.



### Marine Toys for Tots

[st-george-ut.toysfortots.org](http://st-george-ut.toysfortots.org)

Contact Pam Curtis, Head Coordinator

Phone: 1-435-272-5051

Email: [tftutsouth@gmail.com](mailto:tftutsouth@gmail.com)

To help less fortunate children throughout the United States experience the joy of Christmas.

### St. George Basket Brigade

[stgeorgebasketbrigade.org](http://stgeorgebasketbrigade.org)

Non-profit organization that provides a full

Thanksgiving meal basket to families in need.

### Utah Police Civilian Association

#### Shop with a Cop

5151 S 900 E, #231, Salt Lake City, UT 84117

1-801-990-6213 - [utahpolicecivilianassociation.org](http://utahpolicecivilianassociation.org)

Shop With a Cop - during the end-of-the-year holiday season kids are invited to shop to purchase gifts for members of their immediate family.

## Housing

### St. George Housing Authority

975 N 1725 W, #101, St. George, UT 84770

1-435-628-3648 - [stgeorgehousingauthority.org](http://stgeorgehousingauthority.org)

Assists low-income families with safe, decent and affordable housing options to achieve self-sufficiency.

## Legal

### Southern Utah Community Legal Center

229 East St. George Boulevard #103, St. George, UT 84770

Contact: Steve Julien 435-628-1604

<https://southernutahcares.com/directory/southern-utah-community-legal-center/>

*All new clients or existing clients with a new problem need to call Salt Lake Central Intake Unit 800-662-4245*

Utah Legal Services is a non-profit agency created in 1974 to help low income people with some of their legal problems.

### Talk to a Lawyer Clinic SUBA (Southern Utah Bar Association)

Call 800-662-4245 ext. 3662 to schedule an appointment.

Clinics sponsored by Utah Legal Services (ULS) are designed to help low-income Utahns; you must qualify under their guidelines to get help.

[https://ulsoi.legalserver.org/modules/matter/extern\\_intake.php?pid=4&h=638cee](https://ulsoi.legalserver.org/modules/matter/extern_intake.php?pid=4&h=638cee)

## Humanitarian Organizations

### American Red Cross

Central and Southern Utah

476 East Riverside Dr.

St. George, UT 84790

800-733-2767

Itza Prieto, Disaster Program Specialist

Humanitarian organizations provide emergency assistance, disaster relief, financial assistance due to national disaster, preparedness, and education.

<https://www.redcrossblood.org/local/Utah>

## Medical/Dental/Vision

### Medicaid

### Utah Tech Dental Clinic

1526 Medical Center Dr, St. George, UT 84790

1-435-879-4900 - [health.dixie.edu](http://health.dixie.edu)

Inexpensive dental care by students, monitored by dental professionals.

### Doctors' Volunteer Clinic (Medical & Dental)

1036 E Riverside Dr, St. George, UT 84790

1-435-656-0022 - [volunteerclinic.org](http://volunteerclinic.org)

Provides non-urgent medical care, specialty medical care, dental care, and mental health services for individuals without insurance.

### Doctors' Volunteer Clinic (Vision)

1036 E Riverside Dr, St. George, UT 84790

1-435-656-0022 - [volunteerclinic.org](http://volunteerclinic.org)

Eye exams and prescriptions for low-income and uninsured. By appointment only on Monday mornings. Call 1-435-656-0022, option 1, and then option 2 to schedule an appointment. Affordable eyeglasses can be purchased at Walmart or Zenni Optical (online).

### Family Healthcare

2276 E Riverside Dr., St. George, UT 84790

Medical: 1-435-986-2565

Dental: 1-435-359-2165 - [familyhc.org](http://familyhc.org)

Preventative care, infant and child care, women's health care, prenatal care, oral health, mental health, and discount prescriptions.

Additional locations:

391 N 200 W, Hurricane, UT (Hurricane Clinic)

### Four Points Health

1449 N 1400 W, St. George, UT 84770

1-435-688-7572 - [fourpointshealth.org](http://fourpointshealth.org)

Provides general medical care, dental care, and mental health services.

### Hometown Wellness

1070 N Hildale St, Hildale, UT 84784

1-435-216-5488 - [hometown-wellness.com](http://hometown-wellness.com)

Medical clinic providing well child exams, IV hydration, HRT, primary medical care, gynecology, etc.

### Sound of Life Foundation

180 N Main St, #2378, St. George, UT 84771

1-877-435-7551 - [soundoflifefoundation.org](http://soundoflifefoundation.org)

Non-profit focused on helping with hearing aid costs to improve quality of life for those with hearing difficulties.

## Mental Health

### Crimson Counseling

340 E 600 S, St. George, UT 84790

1-435-705-7574 - [crimsoncounseling.net](http://crimsoncounseling.net)

Focuses on teens and young adults with autism who are experiencing difficulties with transitioning into independent living. The challenges may be related to social skills, communication challenges, inability to establish and maintain relationships, and executive functioning challenges.

### Family Healthcare

2408 E Riverside Dr (St. George Millcreek Clinic)

1-435-986-2565 - [familyhc.org](http://familyhc.org)

Provides behavioral health care services to children and adults. Play therapy for ages 3-11.

Additional locations:

391 N 200 W, Hurricane, UT (Hurricane Clinic)

### Intermountain Access Center

380 East Medical Center Drive St. George, UT 84790. Located on the 4th floor of the North Tower  
1-435-251-4480

[intermountainhealthcare.org/behavioralhealth](http://intermountainhealthcare.org/behavioralhealth)

Walk-in hours are 24/7

Behavioral Health Access Centers offer immediate crisis treatment, observation, and fast access to mental health treatment from licensed behavioral health professionals. This allows you to get the best level of care and lowers the overall costs.

### Intermountain Psychiatry and Counseling

292 S 1470 E, St. George, UT 84790

1-435-251-5900 - [intermountainhealthcare.org](http://intermountainhealthcare.org)

Provides medication management, diagnoses, and counseling.

### NAMI - National Alliance on Mental Illness

24/7 crisis support: text NAMI to 741-741

HelpLine: 1-800-950-6264 or [info@nami.org](mailto:info@nami.org)

Monday - Friday: 10:00 a.m. - 10:00 p.m. (ET)

[nami.org](http://nami.org)

Free service providing information, resource referrals, and support to people living with a mental health condition, their family members, and caregivers.

### Southwest Behavioral Health Center

474 W 200 N, St. George, UT 84770

1-435-634-5600 - [sbhc.us](http://sbhc.us)

Assists in preventing and recovering from mental illness and addiction.

### Southwest Forensic Nursing and Healthcare

230 N 1680 E Ste. Q2

Saint George, UT.

1-888-436-7421

435-900-6787

[swforensichealthcare.org](http://swforensichealthcare.org)

Provides medical forensic exams for survivors of sexual assault, interpersonal violence, strangulation, and/or human sex trafficking.

## Suicide Prevention

Crisis & Suicide Hotline - 988

### Live On Utah

@LiveOnUtah

[Liveonutah.org](http://Liveonutah.org)

Live On is a statewide effort to prevent suicide by promoting education, providing resources, and changing our culture around suicide and mental health. Together we can get through, reach out, lift up, look ahead, and Live On. Join their FREE suicide prevention course by following their instagram account

### Reach 4 Hope

[Reach4hopeutah.org](http://Reach4hopeutah.org)

They offer trainings and resources that can help you learn suicide warning signs, talk openly and honestly about suicide, offer hope to someone in crisis, and save a life. Follow their Youtube, Facebook, and Instagram accounts.

## Support Groups/ Recovery

### Alcoholics Anonymous

Dixie Central Office

435-674-4791

[Aaofutah.org](http://Aaofutah.org)

### Dixie Regional Medical Center - River Road Campus

(435) 251-1000 [www.intermountainhealthcare.org](http://www.intermountainhealthcare.org)

Provides inpatient, outpatient, and emergency medical care.

1380 East Medical Center Drive, Saint George, UT 84790.

### Family Support Center of Washington County

(435) 674-5133 [fsc4kids.org](http://fsc4kids.org)

A clean, safe, home like environment where parents can find support and children can find fun and structured activities, nutritious meals and a place of comfort.

310 West 200 North, Saint George, UT 84770

### Free2Feed

(435) 231-2111 [facebook.com/f2fstg](https://facebook.com/f2fstg)

Provides a support group for mothers including breastfeeding support and playgroups.

640 East 700 South Ste 101, Saint George, UT 84790

### LDS Family Services - St George

(435) 673-6446

[providentliving.churchofjesuschrist.org](http://providentliving.churchofjesuschrist.org)

Offers mental health counseling, pregnancy counseling, and addiction recovery meetings.

2480 East Red Cliffs Drive, St George, UT 84790

### Narcotics Anonymous of Southern Utah

(435) 467-4403 [nasouthernutah.org](http://nasouthernutah.org)

Provides peer support groups for those struggling with overcoming drug addiction.

Helpline 866-222-3035

PO Box 457, Washington, UT 84780

### New Season Treatment Center

435-656-8918

[www.newseason.com/treatment-center-locations/utah/st-george-metro-treatment-center/](http://www.newseason.com/treatment-center-locations/utah/st-george-metro-treatment-center/)



Methadone Treatment of Opioid, Heroin and prescription drug addiction.

620 S 400 E, Suite 404  
St. George, UT 84770

### **Survivors of Suicide Loss Support Group**

When: meets every 1st Thursday of the month

Time: 6:30pm - 8:00pm

Where: RRCI Office - 168 N 100 E Suite 101, St. George

Call or text Claudine 631-902-8972

<https://www.facebook.com/profile.php?id=100083280372255&mibextid=LQQJ4d>

This group is for individuals, families, and youth who are grieving the loss of a loved one to suicide. Join with a community of suicide loss survivors to find comfort and resources, gain understanding and share stories of hope and healing. This is a peer mentor facilitated group, not run by a licensed clinician. Call or text Claudine before attending the first time so she can accommodate your needs. Check out their facebook page for group meeting reminders and helpful posts.

## **Substance Use**

### **Lions Gate Recovery**

24-Hour Hotline 866-471-9476

260 West St. George Blvd, St. George Utah 84770  
[info@talbotrehab.com](mailto:info@talbotrehab.com)

They are people in recovery helping people find recovery. We offer a community of recovery. We provide support through group therapy and counseling. We help to develop social and life skills. Our goal is to help you reconnect with your family.

### **Unity House**

435-313-4986

[unityhouseutah@gmail.com](mailto:unityhouseutah@gmail.com)

Sober living for Women. A structured sober environment for women who have the same common goal, to recover from drug addiction or alcoholism. A home with a built in support group of

women helping each other. Residents are required to work and attend support groups.

### **USARA - Utah Support Advocates for Recovery Awareness**

113 E 200 N #1, St. George, UT 84770  
435-319-8800

USARA helps those recovering from the effects of substance use disorders on the person, families, and the community. USARA St. George provides family-friendly recovery activities monthly, family support, and coaching.

## **Transportation**

### **Dial-a-Ride**

#### **St. George Active Life Center (Senior Center)**

245 N 200 W, St. George, UT 84770

1-435-634-5743, option #1

[coa.washco.utah.gov/st-george/transportation](http://coa.washco.utah.gov/st-george/transportation)

Provides transportation to those 60 years of age or older and disabled individuals under 60 years of age. Tuesday - Friday: 9:30 a.m. - 2:30 p.m.

### **Five County**

#### **Community Action Program - Gas Voucher Program**

1-435-674-5757 - [fivecountycap.org](http://fivecountycap.org)

The flexible gas voucher program provides transportation opportunities to households looking for or maintaining employment (if client qualifies).

### **Salt Lake Express**

805 S Bluff St, St. George, UT 84770

1-208-656-8824 - [saltlakeexpress.com](http://saltlakeexpress.com)

Shuttle, bus, and charter services to and from St. George, Las Vegas, Salt Lake City and more.

### **St. George Shuttle**

1275 E Red Hills Pkwy, St. George, UT 84770

1-435-628-8320 - [stgshuttle.com](http://stgshuttle.com)

Shuttle, taxi, and chartered bus services. Phone service 24 hours a day 7 days a week.

### SunTran

953 E Red Hills Pkwy, St. George, UT 84770  
1-435-673-8726 - [sgcity.org/suntran](http://sgcity.org/suntran)  
SunTran is the city of St. George's public transit system. You can pay your fare in cash or purchase a pre-paid pass: [sgcity.org/suntran/faresandpasses](http://sgcity.org/suntran/faresandpasses)

### Taxi USA

45 N 300 E, St. George, UT 84770  
1-435-656-1500 - [calltaxiusa.com](http://calltaxiusa.com)  
Taxi service available 24 hours a day 7 days a week. Additional services include wheelchair and non-emergency medical transport, and food and prescription delivery.

## Utilities

### Comcast Internet

[internetessentials.com](http://internetessentials.com)  
Offers high-speed internet for low-income families in Utah.

### Emergency Broadband Benefit

[getemergencybroadband.org](http://getemergencybroadband.org)  
Discounted internet (if client qualifies) offered through AT&T, CenturyLink, Verizon, SC Broadband, etc.

### H.E.A.T. Program

**Home Energy Assistance Target**  
1664 S Dixie Dr, #L104, St. George, UT 84770  
1-435-652-9643 - [fivecountyheat.org](http://fivecountyheat.org)  
Provides assistance to individuals and families to meet increased energy costs in winter and summer months.

### Salvation Army

Connection Center: 1-855-768-7977  
[westernusa.salvationarmy.org](http://westernusa.salvationarmy.org)  
Can assist with utilities once eligibility has been determined.

### Weatherization Assistance Program Five County

1-435-586-0585 or 1-888-503-5321

[wxworkssite.wordpress.com](http://wxworkssite.wordpress.com)

Reduces energy consumption and costs, and increases comfort and safety in the home.

## Veterans Services

### American Legion

1-435-253-2975 - [legion.org](http://legion.org)  
Benefits, career, education, and health center.  
USAA Financial, troop and family support.

### Department of Workforce Services Accelerated Credentialing to Employment (ACE) Program

162 N 400 E, Ste B100, St. George, UT 84770  
1-435-986-3530 - [jobs.utah.gov](http://jobs.utah.gov)  
Assists Utah veterans, members of the Active Components, actively drilling members of the Guard and Reserve and their respective spouses, overcome barriers to employment or better employment.

### Homeless Veterans Fellowship

541 23rd Street Ogden, UT 84402  
801-392-7662 - [homelessveterans.org](http://homelessveterans.org)  
Provides a stabilized living environment, counseling services, and additional programs that will enable homeless veterans and veterans at risk of being homeless to return to self-sufficiency. Anyone with at least one day of active duty service can receive help.

### Saint George Vet Center

1664 S Dixie Dr, Ste C-102, St. George, UT 84770  
1-435-673-4494 - [va.gov](http://va.gov)  
Individual and group counseling for veterans, service members, and their families. Family counseling for military related issues, bereavement counseling, sexual trauma counseling, and referrals for employment and substance abuse.

### St. George VA Clinic

230 N 1680 E, Bldg N, St. George, UT 84790

1-435-634-7608 - [va.gov](http://va.gov)

Family medicine, internal medicine, and mental health services.

### **Quilts of Valor**

PO Box 191, Winterset, IA 50273

1-515-619-6556 - [govf.org](http://govf.org)

Nominate online - to cover service members and veterans touched by war with comforting and healing quilts.

### **Veterans Angels Inc**

10170 W Tropicana Ave, #156-440

Las Vegas, NV 89147

1-888-319-1117 - [vetangels.org](http://vetangels.org)

Provides senior veterans and their families with information and support in applying for the VA benefit to help with the cost of care.

*Last revised November 26 2024.*