

**CREATE A MEDICAL HOME FOR YOUR CHILD**

Every child needs a medical home. A medical home is when you, your family, and your child’s doctor work together as partners in your child’s medical care. When your child has one doctor who knows them, they have a medical home. This is the best way to make sure your child gets the healthcare they need.

You support your child’s medical home when you:

- Find a doctor who sees your child regularly (it is best to stay with the same doctor who knows your child)
- Tell the doctor what you know about your child
- Listen to what the doctor has to say
- Ask questions when you do not understand what the doctor is saying

**EMERGENCY CARE AND URGENT CARE**

Use an emergency room (ER) only when you have a very serious medical issue. It is not safe to wait when it is a true emergency. Waiting could mean permanent harm or death. Use the hospital emergency room that is closest to you. If you go to the emergency room for something that is not a true emergency, you may have to pay the emergency room copay or even pay the whole bill yourself.

Use urgent care when conditions are not life threatening and do not cause permanent harm or death. For urgent care, call your doctor and ask if they can see you the same day. You can also use urgent care clinics that are open after normal office hours and on weekends.

Use your doctor or an urgent care clinic for serious problems when it is safe to wait a few hours before you are treated.

Call 911 or go to the nearest hospital if you feel your medical problem is a true emergency. For a true emergency, you do not need to call your doctor before you go. Your doctor will give you any needed follow-up care.

**OUTREACH AND EDUCATION**

Local public health offices work with Medicaid. They let families know when a child needs or is past due for a well-child or dental exam. You may receive a call or letter from your public health office to remind you to make an appointment. The public health office can help you schedule an appointment. They can also help answer questions about EPSDT. The phone calls and letters are to help you remember to get important EPSDT services for your child.

**RESOURCES**

**HEALTH PROGRAM REPRESENTATIVE LINE**  
Medicaid Benefit Questions.....(866) 608-9422

**DEPARTMENT OF WORKFORCE SERVICES**  
Eligibility Questions.....(866) 435-7414

**DENTAL PLANS**

MCNA Dental.....(800) 904-6262  
Premier Access.....(877) 541-5415

**HEALTH PLANS**

Health Choice Utah.....(877) 358-8797  
Healthy U.....(888) 271-5870  
Molina.....(888) 483-0760  
Select Health Comm Care.....(855) 442-3234  
Fee for Service | Medicaid.....(866) 608-9422

**MENTAL HEALTH PROVIDER**

SW Behavioral Health Center.....(435) 634-5600

**LOCAL HEALTH DEPARTMENT**

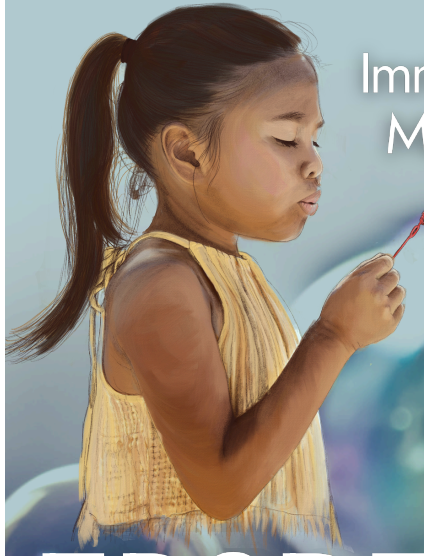
SW Utah Public Health Dept.....(435) 673-3528

**MEDICAID OR EPSDT INFO**

**Full Member Guide: [tinyurl.com/UTmedguide](http://tinyurl.com/UTmedguide)**

**Well-Child Care  
until age 21  
with Medicaid  
benefits.**

- Hearing
- Vision
- Dental
- Immunizations
- Mental Health
- Physicals
- Lab Tests
- And more



**EPSDT** (formerly CHEC)  
Early and Periodic Screening  
Diagnostic and Treatment



**EPSDT benefits can help you keep your child healthy. EPSDT offers:**

- Well-child visits
- Immunizations (shots)
- Vision tests, hearing tests and dental visits
- Medically necessary services not always covered by Medicaid.

**An EPSDT well-child visit includes the following:**

- Head-to-toe exam
- Shots
- Complete health and developmental history
- Evaluation of physical and mental health
- Lab services including required lead screening
- Vision, hearing and dental services
- Health education and helpful advice

**WHY IT'S IMPORTANT FOR YOUR CHILD TO HAVE WELL-CHILD VISITS**

Your child has a better chance of staying healthy with regular check-ups. The check-ups start at birth. When your child sees their doctor, you know they are on track for healthy development. If the doctor finds a concern, EPSDT can help your child get the right help early. Getting help early is important.

An EPSDT well-child visit also gives you the chance to ask the doctor any questions or concerns you have about how your child is growing and developing.

Healthy children are more likely to stay healthy. They have fewer health costs. Healthy children miss less school and their parents miss less work.

When your child is healthy, you save yourself and your family time and worry.

Remember to ask for an EPSDT exam every time you schedule a well-child check-up.

**WELL-CHILD VISIT SCHEDULE**

Utah follows the American Academy of Pediatrician's (AAP) schedule. We ask you to get well-child visits at the following ages:



<b>Ages</b>	12 months	4 years	<b>10 years</b>	
	9 months	3 years		
	6 months	24 months		
	4 months	8 years		
	2 months	6 years		
	1 month	5 years		
	3 to 5 days after birth	15 months		5 years
<b>Stages</b>	Infancy	Early Childhood	Middle to late childhood	Adolescence
<b>Every year from 11 through 20</b>				

**OTHER SERVICES AVAILABLE UNDER THE EPSDT PROGRAM**

**Autism Spectrum Disorder Related Services**

ASD related services are only available under the EPSDT program. These services are not covered by Medicaid health plans, but paid directly by Medicaid. Services received in the child's school are not covered. For more information on ASD related services, go to [medicaid.utah.gov/ltc-2/asd/](http://medicaid.utah.gov/ltc-2/asd/)

**Laboratory Tests**

Lab tests are part of an EPSDT visit. They show if your child is healthy or at risk for serious problems.

**Lead Screening**

Lead poisoning is preventable. A simple blood test at a regular EPSDT visit is very important. Medicaid wants every child to have a blood lead test at age 1 and at age 2. Any child under age 6 who has not had a blood lead test should get one. If the test shows your child has lead poisoning, the doctor can treat it right away.

**Oral Health & Dental Services**

A child should go to a dentist by their 1st birthday. The dentist will tell you when to bring your child back for a check-up. Sometimes it is not easy to find a dentist who will see a small child unless they have a dental problem. Your child may have to wait until age 3 for regular checkups.

**Hearing & Vision Services**

If your child has eye or hearing problems that the doctor cannot treat, the doctor may ask you to take your child to an eye or ear specialist. The specialist will know how to help your child.

**Children with Special Healthcare Needs**

Some children have special healthcare needs. The need could be a physical, mental, or emotional disability or a long-term illness. Often EPSDT can cover these special needs. Any special service, treatment, or equipment must be "medically necessary."

An EPSDT visit helps you learn more about what your child needs. It is a chance for you to talk to the doctor and to be involved in decisions about care and treatment.